

# Tibetan Festival and International Day of Prayer at the Garden of One Thousand Buddhas

## Saturday, June 16<sup>th</sup>

Join us for a morning spent in prayer for world peace followed by an afternoon of family fun experiencing the rich cultural heritage of Tibet. Traditional song and dance, delicious foods, Gate Opening Ceremony and much more!



**8 – 9am** International Prayer Ceremony (Bodhicitta Mönlam)

**9am – 1pm** Lunch Break and Set Up for Tibetan Festival

**1-1:20pm** Auspicious song with Tibetan tea and Tsampa

**1:20-1:50pm** Opening ceremony of the new Buddha Garden gate and hoisting of American and peace flags with auspicious prayers

**1:50-2:20pm** With group circumambulation of Buddha Garden and return to tent

**2:20-2:40pm** H.E. Tulku Sang-ngag Rinpoche will deliver speech regarding the occasion

**2:50-3pm** Black Hat Dance

**3-3:30pm** Lama Gyurme, the famous Tibetan artist will show how to print Tibetan Prayer flags and how to hoist the Prayer flag for your luck, prosperity and auspiciousness

**3:30-3:45pm** Tibetan song and dance

**3:45-4:15pm** Tibetan Thangka painting and displaying of various Thangkas

**4:15-4:30pm** Tibetan white snow lion dance

**4:30-4:45pm** Tibetan healing Chöd practice

**4:45-5pm** Conclusion with various Tibetan songs and dances